

PRACTITIONER FORUM

Posttraumatic Mental Health

Innovations in Treatment

Master classes with
Professor Barbara Rothbaum
Professor Marylène Cloitre

Friday 27 July 2018
Pullman on the Park, Melbourne

Professor Barbara Rothbaum
Prolonged Exposure Therapy

Professor Marylène Cloitre
Skills Training in Affective and Interpersonal Regulation (STAIR) Therapy

These two half-day master classes will cover:

- Using evidence-based therapy
- Expert tips and guidance on using therapy
- Working with more complex cases
- Flexible use of therapy in clinical practice
- Recent innovative applications of therapy

Registration

Cost: \$200

Register online: www.phoenixaustralia.org/2018forumregistration

Enquiries: phoenix-info@unimelb.edu.au, 03 9035 5599

The Practitioner Forum is suited to practitioners with an interest in posttraumatic mental health. The cost of registration has been subsidised by the sponsoring organisations.

Professor Barbara Rothbaum

is a Professor in the Department of Psychiatry and Behavioral Sciences at Emory University School of Medicine, USA. She is Director of the university's Veterans Program and Trauma and Anxiety Recovery Program. She is a clinical psychologist specialising in research on the treatment of veterans and others with anxiety disorders, focussing in particular on PTSD. She is a pioneer in Prolonged Exposure Therapy, the application of virtual reality to the treatment of psychological disorders, the pharmacological enhancement of psychological therapy for PTSD, and other innovative approaches to evidence-based psychological therapy.

Professor Marylène Cloitre

is the Associate Director of Research at the National Center for PTSD Dissemination and Training Division, Palo Alto VA Healthcare System, USA. She is also Clinical Professor of Psychiatry and Behavioural Sciences at Stanford University. Her extensive research and clinical work focusses on PTSD and complex PTSD among military veterans and the general community, including those who have experienced childhood abuse and traumatic loss. Professor Cloitre developed Skills Training in Interpersonal and Affective Regulation (STAIR), an effective skills-focussed intervention that can be used as a standalone treatment or integrated with trauma processing therapies.

This Practitioner Forum is proudly sponsored by

