

WOLLASTON CONFERENCE CENTRE  
MT CLAREMONT, PERTH, WA  
24TH—25TH MAY

## DISASTER & TRAUMA: SINK, TREAD WATER, OR SWIM?

DR JEANNIE HIGGINS: 25Yrs experience in clinical, organizations, and community consultancy.

\*National and International presenter: ISTSS World Congress; APS, ACT Division of GP's, ACT Mental Health & Disaster Recovery Centre: Keynote Speaker at National Police Psychologists Conference & National Federation of Police Organizations.

\*Coordinated and provided an outreach program for Vietnam Veterans; supervised and evaluated preventative family skills program to reduced transgenerational trauma

\*Following the 2003 Canberra bushfires, Dr Higgins played many consultancy roles, including liaison with the media to develop advertisements to assist different populations with different needs. More information -

[www.astss.org.au](http://www.astss.org.au)

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### OBJECTIVES

Explore the processes by which participants can enhance their capacities to assist even profoundly traumatised people to have choices, to begin and to maintain an active reconnection with life, meaning and purpose.

Discern and implement constructive mental health interventions

Understand the range of options for them as professionals in shared traumatic situations and the differences and similarities to more individualised traumatic life events.

Explore the variation and complexity of individual, family, organisational and community reactions to traumatic life events and how they might most effectively respond

Experience some of the processes and interventions that promote congruence, genuine sustainability and effective facilitation of meaning, life and purpose for traumatised people