

FRIDAY 2ND SEPTEMBER 2011

ASTSS MASTERCLASS



EXPOSURE TREATMENT FOR PTSD: A WORKSHOP FOR CLINICIANS

PROFESSOR MARK CREAMER



This masterclass is designed for experienced mental health clinicians working with survivors of trauma suffering from PTSD and related conditions.

There is international consensus that trauma focused psychological interventions are the treatment of choice for PTSD and, of these, exposure has the strongest body of empirical support. The workshop will teach participants the skills required to implement exposure in their clinical practice. There will be frequent use of video examples and ample opportunity for audience participation and discussion.

The masterclass will be divided into four sections to broadly cover the following areas:

Preparing for exposure:

Theoretical background, treatment planning, arousal management

Conducting exposure:

The ground rules and procedures, developing a hierarchy

Conducting imaginal exposure:

A step by step guide

Potential difficulties in imaginal exposure and how to manage them



Mark Creamer is an internationally recognised clinical psychologist specialising in post-traumatic mental health. With over 25 years experience in the field, he works with government and non-government organisations to improve the recognition, prevention and treatment of psychological problems following stressful life events. Mark provides clinical policy and program advice, training, and research consultancy. He is a **Professorial Fellow in the Psychiatry Department, University of Melbourne**, and has an impressive research record with over **150 publications**. Mark is an accomplished and highly sought after speaker. He has given numerous invited addresses to national and international conferences, designed and conducted several hypotheticals, and facilitated many panels and debates.

ASTSS is subsidising the Masterclass by \$100 per person. ASTSS member or not, this is your opportunity to enhance your understanding and skills in effectively treating people traumatised by highly stressful events.



Full day (9am to 5pm) Masterclass - including lunch, afternoon and morning teas (after subsidy): **Member** - \$125, **Non-member** - \$150, **Students** - \$80.

[Click here to register online for the Masterclass](#)

The Masterclass will be followed by the 2011 ASTSS AGM, everyone is invited.

Location: The Bradley Forum - University of South Australia - (West Campus)

ASTSS Masterclass 2011
Professor Mark Creamer
EXPOSURE TREATMENT FOR PTSD:
A WORKSHOP FOR CLINICIANS

Registration Form/ Tax Invoice
A.B.N 41 173 936 013

(Please keep a copy for your records - a separate receipt will not be issued)

Name: _____ Title: _____

Address: _____

State: _____ Postcode: _____ Email: _____

Phone: (mobile) _____ (landline) _____

Please register for me for the masterclass in Adelaide:
(Tick appropriate box - students include university and student card number)

- Member** - (before subsidy \$225), you pay \$125
- Non-member** - (before subsidy \$250), you pay \$150
- Students** - (before subsidy \$180), you pay \$80

name of university: _____
student number: _____

I wish to pay by:

- Cheque/ money order payable to "ASTSS"
- Electronic funds transfer to ASTSS BSB 082 445 Account Number 525276296
(Ensure your name is identified with the transaction)
- Card (Mastercard / Visa only) (a \$3 levy will apply to credit card payments)

Card No.: _____ / _____ / _____ / _____ Expiry Date: ____ / ____

Name on card: _____

Signature: _____ Date: _____

Please forward your completed application to:
ASTSS, P.O. Box 6227, Halifax St, Adelaide 5000, AUSTRALIA

www.astss.org.au

Contact: adminofficer@astss.org.au

OR APPLY ONLINE at www.astss.org.au (follow the links or click here)

